

$^3\text{H}$        $Z = 1$        $N = 2$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =      8.482 ( 0.000) MeV

Qbeta- =      0.019 ( 0.120) MeV

	Energy T	J+	J-	J-other	T1/2
3H	1   0.000	1/2+			1 12.32 Y 2
3H	2   0.000	1/2+			2 12.32 Y 2
S-n	= 6.257 ( 0.000)	-----			
3H	3		6.257	1/2+,3/2+	3

S-p      =    0.000 ( 0.000)-----  
 S-n      =    6.257 ( 0.000)-----  
 S-2p    =    0.000 ( 0.000)-----  
 S-2n    =    0.000 ( 0.000)-----  
 S-alpha=    0.000 ( 0.000)-----

S+p      = -19.814 ( 0.000)  
 S+n      =    1.600 ( 0.100)  
 S+2p    = -17.849 ( 0.050)  
 S+2n    =    1.800 ( 0.089)  
 S+alpha =    -2.468 ( 0.000)

gap p    =    0.000 ( 0.000)  
 gap n    =    7.857 ( 0.100)  
 gap 2p   =    0.000 ( 0.000)  
 gap 2n   =    0.000 ( 0.000)  
 gap alpha =    0.000 ( 0.000)