^{5}H $Z = 1$ $N = 4$ adopted link   ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE   =   6.682 (0.089) MeV
Qbeta- =   21.661 (0.092) MeV

	Energy T	J+	J-	J-other		T1/2	
S-n = -0.200 (0.134)---							
S-2n = -1.800 (0.089)---							
5H 1 |	|	|	0.000	(1/2+)	1	5.3 MEV	4
5H 2 |	|	|	3.100		2	5.3 MEV	5
5H 3 |	|	|	8.100		3	6.8 MEV	6

S-p   =   0.000 (0.000)---
S-n   = -0.200 (0.134)---
S-2p   =   0.000 (0.000)---
S-2n   = -1.800 (0.089)---
S-alpha=   0.000 (0.000)---

S+p   = -22.589 (0.089)
S+n   =   0.912 (0.269)
S+2p   = -32.563 (0.089)
S+2n   =   0.102 (1.005)
S+alpha   = -10.362 (0.089)

gap p   =   0.000 (0.000)
gap n   =   0.712 (0.301)
gap 2p   =   0.000 (0.000)
gap 2n   = -1.698 (1.009)
gap alpha =   0.000 (0.000)