^{10}Li $Z = 3$ $N = 7$ adopted link ENSDF link

```
Based on ensdf_240402 (Apr 2024), and mass evaluation from 2020

BE     =     45.314 ( 0.013) MeV
Qbeta- =     20.445 ( 0.013) MeV

           Energy T    J+                J-               J-other                T1/2

-------------------------------------------------------------------------------------
S-n    =  -0.026 ( 0.013) -------------------------------------------------------------
-----------                                                          -----------------
 10LI   1 |                  |                   |   0.000 2   (1-,2  1
 10LI   2 |  0.210     1+    |                   |                    2  100 KEV   70
 10LI   3 |                  |                   |   0.470            3  360 KEV   20
 10LI   4 |                  |   0.670     (2-)  |                    4  0.1 MEV   1
 10LI   5 |                  |                   |   1.370     (2-,1  5  200 KEV   70
 10LI   6 |                  |                   |   1.600            6
 10LI   7 |                  |                   |   2.330     (1+,3  7  1.2 MEV   4
 10LI   8 |                  |                   |   2.820     (1-,2  8  0.3 MEV   2
S-2n   =   4.036 ( 0.013) -------------------------------------------------------------
 10LI   9 |                  |                   |   4.160            9  120 KEV   80
 10LI  10 |                  |                   |   4.600     (3-,2 10  0.2 MEV   1
-----------                                                          -----------------
 10LI  11 |                  |                   |   5.200           11  0.4 MEV   AP
 10LI  12 |                  |                   |   5.700           12  200 KEV   100
 10LI  13 |                  |                   |   0.400           13


S-p    =  15.172 ( 0.049) -------------------------------------------------------------
S-n    =  -0.026 ( 0.013) -------------------------------------------------------------
S-2p   =   0.000 ( 0.000) -------------------------------------------------------------
S-2n   =   4.036 ( 0.013) -------------------------------------------------------------
S-alpha=  11.248 ( 0.254) -------------------------------------------------------------

S+p       = -20.164 ( 0.013)
S+n       =  -0.396 ( 0.013)
S+2p      = -34.261 ( 0.013)
S+2n      =  -0.186 ( 0.033)
S+alpha   = -11.814 ( 0.025)

gap p     =  -4.992 ( 0.050)
gap n     =  -0.422 ( 0.018)
gap 2p    =   0.000 ( 0.000)
gap 2n    =   3.850 ( 0.035)
gap alpha =  -0.566 ( 0.256)
```