

^{22}C $Z = 6$ $N = 16$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 119.264 (0.231) MeV
Qbeta- = 21.846 (0.311) MeV

	Energy	T	J+	J-	J-other	T1/2
22C	1		0.000	0+		
S-p	=	32.061	(0.605)	-----		
S-n	=	0.110	(0.632)	-----		
S-2p	=	0.000	(0.000)	-----		
S-2n	=	0.035	(0.327)	-----		
S-alpha	=	0.000	(0.000)	-----		
S+p	=	-24.180	(0.480)			
S+n	=	2.493	(1.016)			
S+2p	=	-49.689	(0.284)			
S+2n	=	0.000	(0.000)			
S+alpha	=	-21.375	(0.284)			
gap p	=	7.881	(0.772)			
gap n	=	2.602	(1.196)			
gap 2p	=	0.000	(0.000)			
gap 2n	=	0.000	(0.000)			
gap alpha	=	0.000	(0.000)			