

$^{25}\text{O}$        $Z = 8$        $N = 17$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    168.195 ( 0.165) MeV  
Qbeta- =    15.995 ( 0.191) MeV

	Energy	T	J+	J-	J-other	T1/2
<hr/>						
S-n	= -0.757 ( 0.233)-					
250	1				0.000	1
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S-p	= 26.907 ( 0.440)-					
S-n	= -0.757 ( 0.233)-					
S-2p	= 51.424 ( 1.003)-					
S-2n	= 3.435 ( 0.205)-					
S-alpha	= 20.745 ( 0.611)-					
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S+p	= -15.943 ( 0.197)					
S+n	= -0.739 ( 0.233)					
S+2p	= -34.856 ( 0.188)					
S+2n	= 1.200 ( 0.539)					
S+alpha	= -11.354 ( 0.223)					
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gap p	= 10.964 ( 0.482)					
gap n	= -1.497 ( 0.330)					
gap 2p	= 16.568 ( 1.020)					
gap 2n	= 4.635 ( 0.577)					
gap alpha	= 9.391 ( 0.650)					