^{19}Mg $Z = 12$ $N = 7$ link to full NNDC output

```
Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE     =    112.138 ( 0.050) MeV
Qbeta+ =     18.899 ( 0.051) MeV

           Energy T    J+               J-              J-other                T1/2

-------------------------------------------------------------------------------------------
S-2p   =  -0.750 ( 0.050)-----------------------------------------------------------------
 19MG   1 |                 |   0.000     1/2-|                              1  1.14E-4 EV
S-p    =   0.499 ( 0.106)-----------------------------------------------------------------
 19MG   2 |                 |                 |   1.380     (3/2-)           2  0.4 MEV   2
 19MG   3 |                 |                 |   2.140     (5/2-)           3  0.6 MEV   6
 19MG   4 |                 |                 |   2.840     (3/2-)           4  0.2 MEV   LT
 19MG   5 |                 |                 |   4.740     (3/2-)           5  2.0 MEV   8


S-p    =   0.499 ( 0.106)-----------------------------------------------------------------
S-n    =   0.000 ( 0.000)-----------------------------------------------------------------
S-2p   =  -0.750 ( 0.050)-----------------------------------------------------------------
S-2n   =   0.000 ( 0.000)-----------------------------------------------------------------
S-alpha=  10.812 ( 0.083)-----------------------------------------------------------------

S+p       =   0.000 ( 0.000)
S+n       = -22.422 ( 0.050)
S+2p      =   0.000 ( 0.000)
S+2n      = -37.067 ( 0.050)
S+alpha   =   0.000 ( 0.000)

gap p     =   0.000 ( 0.000)
gap n     =   0.000 ( 0.000)
gap 2p    =   0.000 ( 0.000)
gap 2n    =   0.000 ( 0.000)
gap alpha =   0.000 ( 0.000)
```