

$^{37}\text{Al}$        $Z = 13$        $N = 24$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    278.659 ( 0.180) MeV  
Qbeta- =    16.381 ( 0.213) MeV

	Energy	T	J+	J-	J-other	T1/2
37AL	1				0.000	1    10.7 MS 13
S-p	=	17.860 ( 0.713)	-----			
S-n	=	4.212 ( 0.234)	-----			
S-2p	=	42.584 ( 0.689)	-----			
S-2n	=	6.109 ( 0.180)	-----			
S+alpha	=	16.395 ( 0.485)	-----			
S+p	=	-21.269 ( 0.208)				
S+n	=	-1.401 ( 0.236)				
S+2p	=	-37.162 ( 0.213)				
S+2n	=	-4.481 ( 0.360)				
S+alpha	=	-17.214 ( 0.217)				
gap p	=	-3.409 ( 0.743)				
gap n	=	2.811 ( 0.332)				
gap 2p	=	5.422 ( 0.721)				
gap 2n	=	1.628 ( 0.403)				
gap alpha	=	-0.819 ( 0.531)				