

^{56}K $Z = 19$ $N = 37$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2			

56K	1				0.000	1	620	NS	GT