^{46}Ti $Z = 22$ $N = 24$ link to full NNDC output

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 398.197 (0.000) MeV

	Energy T	J+	J-	J-other	T1/2
46TI 1	0.000	0+			STABLE
46TI 2	0.889	2+			5.32 PS 15
46TI 3	2.010	4+			1.62 PS 10
46TI 4	2.611	0+			76 FS 21
46TI 5	2.962	2+			166 FS 7
46TI 6			3.058 3-		7 PS 2
46TI 7			3.168 1-		176 FS 24
46TI 8				3.213	
46TI 9				3.217	
46TI 10	3.236	2+			29 FS 6
46TI 11	3.299	6+			0.99 PS 9
46TI 12				3.338	
46TI 13			3.441 4-		66 PS 4
46TI 14				3.553	
46TI 15			3.569 3-		50 FS +19-16
46TI 16	3.572	0+			192 FS +16-13
46TI 17				3.580	70 FS 30
46TI 18				3.610	
46TI 19			3.677 2-		
46TI 20	3.696	2+			
46TI 21				3.724 (2)+	57 FS 4
46TI 22	3.731	1+			
46TI 23				3.738 (1,2+)	
46TI 24				3.772 +	
46TI 25			3.826 5-		3.7 PS 21
46TI 26	3.845	2+			8.9 FS 21
46TI 27				3.848 (4+)	
46TI 28			3.852 5-		4.8 PS 8
46TI 29				3.856	
46TI 30	3.872	1+			
46TI 31	3.889	2+			0.38 PS 7
46TI 32				3.906 (1,2+)	22 FS 4
46TI 33				3.926 (2+)	
46TI 34	3.942	4+			0.02 PS LT
46TI 35				4.003	
46TI 36	4.025	2+			
46TI 37				4.039	
46TI 38	4.130	2+			

46TI	39				4.179	3-				39	
46TI	40				4.192	3-				40	
46TI	41	4.316	1+							41	2.7 FS 4
46TI	42						4.323			42	
46TI	43				4.372	3-				43	
46TI	44						4.398	(5-,6+)		44	
46TI	45				4.417	6-				45	0.45 PS 17
46TI	46						4.437			46	
46TI	47						4.500			47	
46TI	48	4.523	4+							48	0.07 PS 3
46TI	49						4.527	(6+)		49	
46TI	50						4.573			50	
46TI	51						4.617			51	
46TI	52				4.662	6-				52	1.4 PS 4
46TI	53	4.675	0+							53	
46TI	54						4.697	(2+)		54	
46TI	55						4.726	(5-,6+)		55	
46TI	56						4.791	(3-)		56	
46TI	57				4.827	3-				57	
46TI	58						4.845	+		58	
46TI	59	4.897	8+							59	0.49 PS 6
46TI	60	4.950	2+							60	
46TI	61						5.000			61	
46TI	62				5.024	3-				62	
46TI	63						5.079	(4+)		63	
46TI	64						5.094	+		64	
46TI	65						5.117			65	
46TI	66						5.154			66	
46TI	67						5.180	+		67	
46TI	68				5.198	7-				68	0.83 PS 3
46TI	69				5.206	3-				69	
46TI	70	5.230	2+							70	
46TI	71	5.280	6+							71	
46TI	72	5.321	2+							72	
46TI	73						5.361	(5-,6+)		73	
46TI	74	5.363	2+							74	
46TI	75				5.409	3-				75	
46TI	76	5.515	2+							76	
46TI	77				5.530	3-				77	
46TI	78						5.604	(2+)		78	
46TI	79	5.610	0+							79	
46TI	80						5.700	(2+)		80	
46TI	81	5.794	4+							81	
46TI	82						5.811	+		82	
46TI	83				5.828	3-				83	

46TI	84					5.840	+	84		
46TI	85					5.872	(2+)	85		
46TI	86					5.903	+	86		
46TI	87			5.950	3-			87		
46TI	88					5.965	(6+)	88		
46TI	89					5.992	(4+)	89		
46TI	90					6.021	+	90		
46TI	91					6.025		91		
46TI	92					6.094	3-,4-	92		
46TI	93	6.118	2+					93		
46TI	94	6.134	2+					94		
46TI	95			6.150	8-			95	0.31 PS	3
46TI	96	6.200	8+					96	0.19 PS	LT
46TI	97			6.217	3-			97		
46TI	98	6.242	10+					98	0.84 PS	4
46TI	99					6.251		99		
46TI	100					6.266		100		
46TI	101					6.305		101		
46TI	102	6.338	4+					102		
46TI	103	6.360	1+					103		
46TI	104	6.395	4+					104		
46TI	105	6.398	1+					105		
46TI	106					6.424	+	106		
46TI	107			6.458	3-			107		
46TI	108					6.513		108		
46TI	109					6.550	+	109		
46TI	110					6.574		110		
46TI	111					6.616	+	111		
46TI	112	6.685	4+					112		
46TI	113					6.739	(4)+	113		
46TI	114					6.794		114		
46TI	115			6.830	9-			115	0.52 PS	6
46TI	116					6.851	+	116		
46TI	117	6.890	4+					117		
46TI	118					6.958	(3-)	118		
46TI	119					6.974	+	119		
46TI	120					7.019	(3-,4+)	120		
46TI	121					7.041	+	121		
46TI	122					7.101	+	122		
46TI	123					7.120	(3-)	123		
46TI	124					7.147	+	124		
46TI	125					7.172		125		
46TI	126	7.180	1+					126		
46TI	127					7.201	+	127		
46TI	128					7.238		128		
46TI	129					7.288	+	129		

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 46TI 130 |                |   7.312     3-  |                          130
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 46TI 131 |                |                 |   7.350     +            131
 46TI 132 |                |                 |   7.392     (3-)         132
 46TI 133 |  7.410     1+  |                 |                          133
 46TI 134 |                |                 |   7.429     +            134
 46TI 135 |                |                 |   7.472                  135
 46TI 136 |                |                 |   7.534     (3-)         136
 46TI 137 |                |                 |   7.558     +            137
 46TI 138 |                |                 |   7.584     +            138
 46TI 139 |                |                 |   7.608     +            139
 46TI 140 |  7.630     1+  |                 |                          140
----------                                                               ----------
 46TI 141 |                |                 |   7.660                  141
 46TI 142 |                |                 |   7.710     +            142
 46TI 143 |  7.730     1+  |                 |                          143
 46TI 144 |                |                 |   7.735                  144
 46TI 145 |                |                 |   7.788     +            145
 46TI 146 |                |                 |   7.849     +            146
 46TI 147 |                |                 |   7.874                  147
 46TI 148 |                |                 |   7.917     +            148
 46TI 149 |                |                 |   7.937                  149
 46TI 150 |  7.942     11+ |                 |                          150   0.31 PS    8
----------                                                               ----------
 46TI 151 |                |   7.961     10- |                          151   0.30 PS    LT
 46TI 152 |                |                 |   7.979     +            152
S-alpha=   8.005 ( 0.000)-------------------------------------------------------------------------
 46TI 153 |                |                 |   8.013                  153
 46TI 154 |                |                 |   8.020     (0+)         154
 46TI 155 |                |                 |   8.040                  155
 46TI 156 |                |                 |   8.088     +            156
 46TI 157 |                |                 |   8.134                  157
 46TI 158 |                |                 |   8.182     +            158
 46TI 159 |  8.217     12+ |                 |                          159   0.51 PS    5
 46TI 160 |                |                 |   8.230     +            160
----------                                                               ----------
 46TI 161 |                |                 |   8.284     10,11,12+    161    0.17 PS   LT
 46TI 162 |                |                 |   8.293     +            162
 46TI 163 |                |                 |   8.346     +            163
 46TI 164 |                |                 |   8.384     +            164
 46TI 165 |  8.460     1+  |                 |                          165
 46TI 166 |                |                 |   8.467     +            166
 46TI 167 |                |                 |   8.530     +            167
 46TI 168 |                |                 |   8.574     +            168
 46TI 169 |                |                 |   8.621     +            169
 46TI 170 |                |                 |   8.662     +            170
----------                                                               ----------
 46TI 171 |                |                 |   8.701     +            171
 46TI 172 |                |   8.716     11- |                          172   0.29 PS    LT
 46TI 173 |                |                 |   8.761     +            173
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46TI 174				8.808	+	174	
46TI 175				8.860	+	175	
46TI 176				8.940	+	176	
46TI 177				8.984	+	177	
46TI 178	9.000	1+				178	
46TI 179				9.070	+	179	
46TI 180				9.111	+	180	
46TI 181				9.141		181	
46TI 182	9.168	4+				182	
46TI 183	9.170	1+				183	
46TI 184	9.205	6+				184	
46TI 185				9.253	+	185	
46TI 186				9.304	+	186	
46TI 187				9.345	+	187	
46TI 188				9.399	+	188	
46TI 189	9.420	1+				189	
46TI 190				9.426	+	190	
46TI 191				9.474	+	191	
46TI 192				9.519	-	192	
46TI 193	9.550	1+				193	
46TI 194				9.572	+	194	
46TI 195	9.615	2+				195	
46TI 196				9.649	+	196	
46TI 197	9.670	1+				197	
46TI 198				9.682		198	
46TI 199				9.718	-	199	
46TI 200				9.761		200	
46TI 201	9.770	1+				201	
46TI 202				9.790		202	
46TI 203				9.852		203	
46TI 204				9.864		204	
46TI 205	9.870	1+				205	
46TI 206				9.973	+	206	
46TI 207	10.000	1+				207	
46TI 208				10.038		208	
46TI 209				10.042	12+,14+	209	0.6 PS 2
46TI 210	10.180	1+				210	
46TI 211				10.212		211	
46TI 212				10.256		212	
46TI 213				10.321		213	
S-p = 10.345 (0.001)							
46TI 214				10.347		214	
46TI 215	10.350	1+				215	
46TI 216				10.374		216	
46TI 217				10.380		217	
46TI 218				10.441		218	

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 46TI 219 |                |                |  10.523     +              219
 46TI 220 |                |                |  10.602                    220
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 46TI 221 |                |                |  10.661                    221
 46TI 222 |                |                |  10.730                    222
 46TI 223 |                |                |  10.782     +              223
 46TI 224 |                |                |  10.866                    224
 46TI 225 |                |                |  10.938     +              225
 46TI 226 |                |                |  10.980                    226
 46TI 227 | 11.050     1+  |                |                            227
 46TI 228 |                |                |  11.051                    228
 46TI 229 |                |                |  11.110                    229
 46TI 230 |                |                |  11.167                    230
----------                                                               ----------
 46TI 231 |                |                |  11.299                    231
 46TI 232 |                |                |  11.354     3              232
 46TI 233 |                |                |  11.374                    233
 46TI 234 |                |                |  11.426                    234
 46TI 235 | 11.450     1+  |                |                            235
 46TI 236 | 11.570     1+  |                |                            236
 46TI 237 |                |                |  11.698     (2,3)          237
 46TI 238 | 11.840     1+  |                |                            238
 46TI 239 | 12.200     1+  |                |                            239
 46TI 240 | 12.460     0+  |                |                            240
----------                                                               ----------
 46TI 241 | 12.650     1+  |                |                            241
 46TI 242 |                |                |  12.974                    242
 46TI 243 | 13.070     1+  |                |                            243
 46TI 244 |                |                |  13.169                    244
S-n    =  13.189 ( 0.001)-------------------------------------------------------------------------
 46TI 245 | 13.310     1+  |                |                            245
 46TI 246 | 14.153     0+  |                |                            246
 46TI 247 |                |                |  14.300     (0+)           247


S-p    =  10.345 ( 0.001)-------------------------------------------------------------------------
S-n    =  13.189 ( 0.001)-------------------------------------------------------------------------
S-2p   =  17.237 ( 0.000)-------------------------------------------------------------------------
S-2n   =  22.722 ( 0.001)-------------------------------------------------------------------------
S-alpha=   8.005 ( 0.000)-------------------------------------------------------------------------

S+p       =  -5.168 ( 0.000)
S+n       =  -8.881 ( 0.000)
S+2p      = -13.272 ( 0.007)
S+2n      = -20.508 ( 0.000)
S+alpha   =  -8.559 ( 0.000)

gap p     =   5.177 ( 0.001)
gap n     =   4.308 ( 0.001)
gap 2p    =   3.965 ( 0.007)
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```
gap 2n    =   2.214 ( 0.001)
gap alpha =  -0.554 ( 0.001)
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