

$^{63}\text{Cr}$        $Z = 24$        $N = 39$       [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 525.724 ( 0.358) MeV

Qbeta- = 10.879 ( 0.358) MeV

	Energy T	J+	J-	J-other	T1/2
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63CR 1		0.000	1/2-		1 129 MS 2

S-p = 0.000 ( 0.000)-----

S-n = 3.184 ( 0.388)-----

S-2p = 0.000 ( 0.000)-----

S-2n = 9.675 ( 0.372)-----

S-alpha= 0.000 ( 0.000)-----

S+p = -14.271 ( 0.358)

S+n = -5.544 ( 0.567)

S+2p = -29.788 ( 0.358)

S+2n = 0.000 ( 0.000)

S+alpha = -12.028 ( 0.449)

gap p = 0.000 ( 0.000)

gap n = -2.360 ( 0.687)

gap 2p = 0.000 ( 0.000)

gap 2n = 0.000 ( 0.000)

gap alpha = 0.000 ( 0.000)