^{62}Mn $Z = 25$ $N = 37$ link to full NNDC output

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 529.387 (0.007) MeV
Qbeta- = 10.354 (0.007) MeV

	Energy	T	J+	J-	J-other	T1/2	
62MN 1					0+X	1 92 MS	13
62MN 2					0+Y	2 671 MS	5
62MN 3					113.8+Y	3 95 NS	2
62MN 4					222.4+Y	4	
62MN 5					285.0+X	5	
62MN 6					418.2+Y	6	
62MN 7					640.0+X	7	
62MN 8					642.8+Y	8	
62MN 9					1183.7+Y	9	
62MN 10					1500+X	10	

S-p = 13.338 (0.102)
S-n = 4.853 (0.007)
S-2p = 29.860 (0.220)
S-2n = 11.699 (0.007)
S-alpha= 10.547 (0.090)

S+p = -14.401 (0.008)
S+n = -6.434 (0.008)
S+2p = -25.846 (0.021)
S+2n = -10.608 (0.007)
S+alpha = -10.310 (0.015)

gap p = -1.063 (0.102)
gap n = -1.581 (0.010)
gap 2p = 4.014 (0.221)
gap 2n = 1.091 (0.010)
gap alpha = 0.238 (0.091)