

^{68}Mn $Z = 25$ $N = 43$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2			

68MN	1				0.000	>3	1	28 MS	3