

^{70}Co $Z = 27$ $N = 43$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2		
70CO	1				0.000 (6-,7-)	1	112 MS	7
70CO	2			0+X		2	0.47 S	5
70CO	3			0+Y		3		
70CO	4			437.3+Y		4	54 NS	10