

$^{75}\text{Co}$        $Z = 27$        $N = 48$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    614.775 (-0.375) MeV  
Qbeta- =    13.682 ( 0.437) MeV

	Energy	T	J+	J-	J-other	T1/2
75CO	1				0.000	1 30 MS 11
S-p	=	17.151	(-0.639)	-----		
S-n	=	5.089	(-0.527)	-----		
S-2p	=	38.440	(-0.694)	-----		
S-2n	=	8.729	(-0.475)	-----		
S+alpha	=	16.349	(-0.623)	-----		
S+p	=	-18.913	(-0.483)			
S+n	=	-3.181	(-0.651)			
S+2p	=	-32.891	(-0.375)			
S+2n	=	-7.539	(-0.721)			
S+alpha	=	-14.283	(-0.389)			
gap p	=	-1.762	( 0.801)			
gap n	=	1.908	( 0.837)			
gap 2p	=	5.549	( 0.789)			
gap 2n	=	1.190	( 0.864)			
gap alpha	=	2.066	( 0.734)			