

^{74}Ni $Z = 28$ $N = 46$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

		Energy T	J+		J-		J-other		T1/2
74NI	1	0.000	0+						1 507.7 MS 46
74NI	2	1.024	2+						2 3.9 PS +21-10
74NI	3				1.763	(4+)			3