

^{54}Cu $Z = 29$ $N = 25$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2			
54CU	1		0.000	3+			1	75	NS LT