

$^{60}\text{Ge}$        $Z = 32$        $N = 28$       adopted link      ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =      486.780 (-0.300) MeV

Qbeta+ =      12.058 ( 0.350) MeV

	Energy T	J+	J-	J-other	T1/2
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S-2p	= -0.185 (-0.304)				
60GE	1   0.000	0+			1 110 NS GT
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S-p	= 1.092 (-0.348)				
S-n	= 19.264 (-0.510)				
S-2p	= -0.185 (-0.304)				
S-2n	= 36.120 (-0.602)				
S-alpha	= 4.548 (-0.494)				
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S+p	= 3.050 (-0.428)				
S+n	= -14.335 (-0.428)				
S+2p	= 0.000 (-0.000)				
S+2n	= -30.734 (-0.325)				
S+alpha	= -1.724 (-0.593)				
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gap p	= 4.142 ( 0.552)				
gap n	= 4.929 ( 0.666)				
gap 2p	= 0.000 ( 0.000)				
gap 2n	= 5.386 ( 0.684)				
gap alpha	= 2.824 ( 0.772)				