^{86}Ge $Z = 32$ $N = 54$ link to full NNDC output

```
Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE     =    718.498 ( 0.438) MeV
Qbeta- =      9.562 ( 0.438) MeV

           Energy T    J+               J-              J-other               T1/2

-------------------------------------------------------------------------------------------
 86GE   1 |  0.000     0+   |                |                                1    226 MS  21
 86GE   2 |                 |                |   0.527     (2+)               2


S-p    =   0.000 ( 0.000)----------------------------------------------------------------
S-n    =   4.348 ( 0.438)----------------------------------------------------------------
S-2p   =   0.000 ( 0.000)----------------------------------------------------------------
S-2n   =   7.394 ( 0.438)----------------------------------------------------------------
S-alpha=   9.511 ( 0.438)----------------------------------------------------------------

S+p       = -13.507 ( 0.438)
S+n       =   0.000 ( 0.000)
S+2p      = -29.062 ( 0.438)
S+2n      =   0.000 ( 0.000)
S+alpha   =  -8.825 ( 0.548)

gap p     =   0.000 ( 0.000)
gap n     =   0.000 ( 0.000)
gap 2p    =   0.000 ( 0.000)
gap 2n    =   0.000 ( 0.000)
gap alpha =   0.686 ( 0.702)
```