

^{76}Y $Z = 39$ $N = 37$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 621.148 (-0.304) MeV

Qbeta+ = 16.008 (0.306) MeV

	Energy T	J+	J-	J-other	T1/2

S-p	= -1.090 (-0.375)				
^{76}Y	1			0.000	1 200 NS GT

S-p	= -1.090 (-0.375)				
S-n	= 14.473 (-0.427)				
S-2p	= 0.901 (-0.304)				
S-2n	= 0.000 (-0.000)				
S-alpha	= 2.308 (-0.589)				

S+p	= -0.627 (-0.491)				
S+n	= -16.258 (-0.382)				
S+2p	= 0.000 (-0.000)				
S+2n	= -30.074 (-0.436)				
S+alpha	= -2.636 (-0.502)				

gap p	= -1.717 (0.618)				
gap n	= -1.785 (0.573)				
gap 2p	= 0.000 (0.000)				
gap 2n	= 0.000 (0.000)				
gap alpha	= -0.328 (0.774)				