

$^{100}\text{In}$        $Z = 49$        $N = 51$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    832.975 ( 0.002) MeV  
Qbeta+ =    10.017 ( 0.003) MeV

	Energy	T	J+	J-	J-other		T1/2
100IN	1				0.000	(6+)	1    5.65 S    6
S-p	=	1.536 ( 0.003)	-----				
S-n	=	10.820 ( 0.077)	-----				
S-2p	=	5.690 ( 0.033)	-----				
S-2n	=	26.435 ( 0.294)	-----				
S-alpha	=	2.091 ( 0.090)	-----				
S+p	=	-3.417 ( 0.300)					
S+n	=	-12.438 ( 0.012)					
S+2p	=	-1.487 ( 0.408)					
S+2n	=	-22.660 ( 0.005)					
S+alpha	=	2.439 ( 0.104)					
gap p	=	-1.881 ( 0.300)					
gap n	=	-1.618 ( 0.078)					
gap 2p	=	4.202 ( 0.409)					
gap 2n	=	3.775 ( 0.294)					
gap alpha	=	4.530 ( 0.138)					