

^{110}I $Z = 53$ $N = 57$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 906.849 (0.062) MeV

Qbeta+ = 11.762 (0.062) MeV

	Energy T	J+	J-	J-other	T1/2

S-alpha=	-3.581 (0.062)				
110I	1			0.000 (1+)	1 0.664 S 24

S-p = 0.042 (0.062)-----

S-n = 10.867 (0.062)-----

S-2p = 2.600 (0.062)-----

S-2n = 23.841 (0.125)-----

S-alpha= -3.581 (0.062)-----

S+p = -1.354 (0.127)

S+n = -12.557 (0.062)

S+2p = -0.576 (0.128)

S+2n = -22.738 (0.063)

S+alpha = 3.357 (0.105)

gap p = -1.312 (0.141)

gap n = -1.691 (0.088)

gap 2p = 2.025 (0.142)

gap 2n = 1.102 (0.139)

gap alpha = -0.223 (0.122)