

$^{114}\text{Ba}$        $Z = 56$        $N = 58$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    922.224 ( 0.103) MeV  
Qbeta+ =    8.781 ( 0.133) MeV

	Energy	T	J+	J-	J-other	T1/2
<hr/>						
S-alpha=	-3.592	( 0.144)				
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114BA	1		0.000	0+		
						1    0.43 S    +30-15
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S-p	=	1.430	( 0.103)			
S-n	=	14.269	( 0.354)			
S-2p	=	0.457	( 0.103)			
S-2n	=	0.000	( 0.000)			
S-alpha=	-3.592	( 0.144)				
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S+p	=	0.000	( 0.000)			
S+n	=	-11.116	( 0.252)			
S+2p	=	0.000	( 0.000)			
S+2n	=	-24.568	( 0.254)			
S+alpha	=	0.000	( 0.000)			
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gap p	=	0.000	( 0.000)			
gap n	=	3.153	( 0.435)			
gap 2p	=	0.000	( 0.000)			
gap 2n	=	0.000	( 0.000)			
gap alpha	=	0.000	( 0.000)			