

$^{149}\text{Ba}$        $Z = 56$        $N = 93$       adopted link      ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1211.646 ( 0.003) MeV

Qbeta- = 7.389 ( 0.200) MeV

	Energy T	J+	J-	J-other	T1/2
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149BA	1			0.000	1 0.344 S 7

S-p = 13.209 ( 0.013)-----

S-n = 3.357 ( 0.003)-----

S-2p = 25.062 ( 0.147)-----

S-2n = 8.709 ( 0.020)-----

S-alpha= 3.762 ( 0.011)-----

S+p = -10.770 ( 0.004)

S+n = -5.130 ( 0.006)

S+2p = -22.972 ( 0.018)

S+2n = -8.283 ( 0.453)

S+alpha = -4.561 ( 0.153)

gap p = 2.439 ( 0.014)

gap n = -1.773 ( 0.007)

gap 2p = 2.089 ( 0.148)

gap 2n = 0.426 ( 0.453)

gap alpha = -0.798 ( 0.153)