

$^{139}\text{Ce}$        $Z = 58$        $N = 81$       adopted link      ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1163.495 ( 0.002) MeV

Qbeta+ = 0.265 ( 0.002) MeV

	Energy T	J+	J-	J-other	T1/2
139CE 1	0.000	3/2+			1 137.63 D 3
139CE 2	0.255	1/2+			2 110 PS 20
139CE 3			0.754 11/2-		3 57.58 S 32
139CE 4	1.320	5/2+			4 1.0 PS LT
139CE 5	1.347	7/2+			5
S-alpha= 1.532 ( 0.002)					
139CE 6			1.578 7/2-		6
139CE 7				1.579 (7/2-)	7
139CE 8				1.597 (3/2)+	8 0.9 PS LT
139CE 9	1.631	3/2+			9 3.8 PS LT
139CE 10				1.790 (1/2+)	10
139CE 11	1.818	5/2+			11 0.45 PS +11-8
139CE 12				1.843 (7/2-)	12
139CE 13	1.889	1/2+			13
139CE 14				1.908 (3/2)+	14 1.2 PS 6
139CE 15				1.965 (3/2,5/2+)	15
139CE 16				1.985 (3/2,5/2+)	16
139CE 17				2.016 (3/2+)	17 4.3 PS LE
139CE 18				2.018	18
139CE 19				2.029 (11/2-,13/2)	19
139CE 20				2.064 11/2(-)	20
139CE 21				2.070	21
139CE 22				2.089 3/2+,5/2+	22 0.8 PS GT
139CE 23				2.096	23
139CE 24				2.105	24
139CE 25				2.139 3/2+,5/2+	25
139CE 26				2.164 (13/2-)	26
139CE 27				2.183	27
139CE 28				2.196	28
139CE 29				2.209	29
139CE 30				2.220	30
139CE 31				2.221	31
139CE 32				2.228	32
139CE 33				2.246 (7/2)+	33
139CE 34				2.280 (5/2+)	34
139CE 35			2.286 11/2-		35
139CE 36				2.288 (3/2+,5/2,7/2+)	36

139CE 37						2.355				37
139CE 38						2.361	(15/2-)			38
139CE 39						2.363	(7/2+,9/2+)			39
139CE 40						2.364	(3/2+,5/2+)			40
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139CE 41						2.392				41
139CE 42						2.400				42
139CE 43						2.421	3/2+,5/2+		0.43 PS	+37-15
139CE 44						2.441				44
139CE 45						2.455	7/2+,9/2+			45
139CE 46						2.485				46
139CE 47						2.490				47
139CE 48						2.500				48
139CE 49						2.541				49
139CE 50						2.551				50
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139CE 51						2.553	(3/2+,5/2,7/2+)		0.50 PS	+37-15
139CE 52						2.556	(9/2)+			52
139CE 53						2.569				53
139CE 54						2.598				54
139CE 55						2.606				55
139CE 56						2.632	(19/2-)		70 NS	5
139CE 57						2.634				57
139CE 58						2.701				58
139CE 59						2.753				59
139CE 60						2.777				60
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139CE 61		2.797	7/2+							61
139CE 62				2.819	11/2-					62
139CE 63						2.820	(21/2-)		3.0 NS	LE
139CE 64						2.822	9/2-,11/2-			64
139CE 65						2.832				65
139CE 66						2.849			0.63 PS	+21-13
139CE 67						2.900				67
139CE 68						2.909	(9/2)+,3/2+,5/2			68+
139CE 69						2.952				69
139CE 70						2.964	3/2+,5/2+			70
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139CE 71						3.052				71
139CE 72						3.082	(7/2+,9/2+)			72
139CE 73						3.114			0.79 PS	+42-21
139CE 74		3.144	1/2+							74
139CE 75						3.172	3/2+,5/2+			75
139CE 76						3.187	(23/2-)			76
139CE 77						3.189	(7/2+,9/2+)			77
139CE 78						3.213				78
139CE 79						3.269				79
139CE 80						3.282	7/2+,9/2+			80
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139CE 81		3.302	1/2+							81

139CE 82			3.327	5/2+,7/2+	82
139CE 83			3.352	5/2+,7/2+	83
139CE 84			3.405	(1/2+)	84
139CE 85			3.459		85
139CE 86			3.484	(25/2)	86
139CE 87			3.523		87
139CE 88			3.535	3/2+,5/2+	88
139CE 89			3.592	3/2+,5/2+	89
139CE 90			3.655	3/2+,5/2+	90
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139CE 91			3.704	(27/2)	91
139CE 92			3.852	3/2+,5/2+	92
139CE 93			3.877	(23/2-)	93
139CE 94			4.014	(23/2+)	94
139CE 95			4.084	(25/2+)	95
139CE 96			4.099	(25/2-)	96
139CE 97			4.262	(3/2+,5/2+)	97
139CE 98			4.277	(27/2+)	98
139CE 99			4.405	(27/2-)	99
139CE 100			4.431		100
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139CE 101			4.571	(29/2-)	101
139CE 102			4.757	(29/2+)	102
139CE 103			4.808	(31/2-)	103
139CE 104			5.212	(31/2-)	104
139CE 105			5.298	(29/2+)	105
139CE 106			5.533	(31/2+)	106
139CE 107			5.698	(31/2-)	107
139CE 108			5.737	(31/2+)	108
139CE 109			5.823	(33/2-)	109
139CE 110			5.884	(35/2-)	110
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139CE 111			5.916	(33/2-)	111
139CE 112			6.031	(33/2+)	112
139CE 113			6.077	(35/2-)	113
139CE 114			6.142	(35/2-)	114
139CE 115			6.155	(35/2-)	115
139CE 116			6.332	(37/2-)	116
139CE 117			6.488	(37/2-)	117
139CE 118			6.798	(39/2-)	118
139CE 119			6.845	(39/2-)	119
139CE 120			6.967		120
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139CE 121			7.165		121
139CE 122			7.308	(41/2-)	122
139CE 123			7.333	(41/2-)	123
139CE 124			7.450		124
S-n = 7.463 ( 0.002)	-----				
139CE 125			7.572		125
S-p = 7.733 ( 0.002)	-----				

139CE 126				7.856	(43/2-)	126
139CE 127				7.987	(43/2-)	127
139CE 128				8.001		128

S-p = 7.733 ( 0.002)-----  
 S-n = 7.463 ( 0.002)-----  
 S-2p = 13.814 ( 0.002)-----  
 S-2n = 17.182 ( 0.002)-----  
 S-alpha= 1.532 ( 0.002)-----

S+p = -5.017 ( 0.006)  
 S+n = -9.188 ( 0.002)  
 S+2p = -11.812 ( 0.004)  
 S+2n = -14.616 ( 0.002)  
 S+alpha = 0.531 ( 0.002)

gap p = 2.716 ( 0.007)  
 gap n = -1.724 ( 0.003)  
 gap 2p = 2.002 ( 0.004)  
 gap 2n = 2.566 ( 0.003)  
 gap alpha = 2.063 ( 0.003)