

¹⁵⁹Nd $Z = 60$ $N = 99$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1286.123 (0.030) MeV
Qbeta- = 6.830 (0.031) MeV

	Energy	T	J+	J-	J-other		T1/2	
159ND	1				0.000	(7/2+)	1	0.485 S +39-20
S-p	=	12.801 (0.317)	-----					
S-n	=	3.960 (0.030)	-----					
S-2p	=	24.314 (0.472)	-----					
S-2n	=	9.373 (0.030)	-----					
S-alpha	=	4.342 (0.311)	-----					
S+p	=	-10.460 (0.030)						
S+n	=	-5.072 (0.055)						
S+2p	=	-21.526 (0.031)						
S+2n	=	-8.639 (0.323)						
S+alpha	=	-3.301 (0.031)						
gap p	=	2.341 (0.319)						
gap n	=	-1.112 (0.063)						
gap 2p	=	2.788 (0.473)						
gap 2n	=	0.733 (0.325)						
gap alpha	=	1.042 (0.313)						