

$^{136}\text{Gd}$        $Z = 64$        $N = 72$       [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE      =      0.000 ( 0.000) MeV

		Energy T	J+		J-		J-other		T1/2	
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136GD	1	0.000	0+						1	200 NS GE