

$^{170}\text{Gd}$        $Z = 64$        $N = 106$       [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE      =      0.000 ( 0.000) MeV

|       | Energy | T | J+    | J- | J-other | T1/2 |                 |
|-------|--------|---|-------|----|---------|------|-----------------|
| ----- |        |   |       |    |         |      |                 |
| 170GD | 1      |   | 0.000 | 0+ |         |      | 1 0.41 S +14-12 |