

^{143}Tb $Z = 65$ $N = 78$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1163.765 (0.051) MeV
Qbeta+ = 7.812 (0.207) MeV

	Energy	T	J+	J-	J-other	T1/2	1	12	S	1
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S-alpha=	-2.554 (0.053)-									
143TB	1						1	12	S	1
S-p	= 0.749 (0.058)-									
S-n	= 11.931 (0.702)-									
S-2p	= 5.072 (0.053)-									
S-2n	= 22.021 (0.117)-									
S-alpha=	-2.554 (0.053)-									
S+p	= -3.440 (0.052)									
S+n	= -10.020 (0.058)									
S+2p	= -3.279 (0.052)									
S+2n	= -22.123 (0.122)									
S+alpha	= 2.237 (0.051)									
gap p	= -2.691 (0.078)									
gap n	= 1.911 (0.705)									
gap 2p	= 1.793 (0.074)									
gap 2n	= -0.102 (0.169)									
gap alpha	= -0.317 (0.074)									