^{168}Tb $Z = 65$ $N = 103$ adopted link   ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE   =   1357.910 (0.004) MeV
Qbeta- =   5.777 (0.140) MeV

	Energy T	J+	J-	J-other	T1/2
168TB 1 |		|	|	0.000 (4-)	1 8.2 S 13

S-p   =   9.294 (0.007)--
S-n   =   4.969 (0.005)--
S-2p   = 20.614 (0.166)--
S-2n   = 11.115 (0.004)--
S-alpha=   1.974 (0.005)--

S+p   = -10.104 (0.301)
S+n   = -5.751 (0.338)
S+2p   = -18.034 (0.050)
S+2n   = -10.080 (0.340)
S+alpha = -1.146 (0.172)

gap p   = -0.809 (0.301)
gap n   = -0.782 (0.338)
gap 2p   =   2.580 (0.173)
gap 2n   =   1.035 (0.340)
gap alpha =   0.828 (0.172)