

¹⁶⁸Dy $Z = 66$ $N = 102$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1362.905 (0.140) MeV
Qbeta- = 1.501 (0.143) MeV

	Energy	T	J+	J-	J-other	T1/2
168DY	1		0.000	0+		1 8.7 M 3
S-p	=	9.964 (0.140)	-----			
S-n	=	6.718 (0.140)	-----			
S-2p	=	18.765 (0.140)	-----			
S-2n	=	12.117 (0.140)	-----			
S+alpha	=	1.290 (0.140)	-----			
S+p	=	-7.527 (0.141)				
S+n	=	-5.109 (0.332)				
S+2p	=	-16.127 (0.140)				
S+2n	=	-11.375 (0.220)				
S+alpha	=	-0.349 (0.140)				
gap p	=	2.438 (0.199)				
gap n	=	1.609 (0.360)				
gap 2p	=	2.638 (0.198)				
gap 2n	=	0.741 (0.261)				
gap alpha	=	0.940 (0.198)				