

<sup>158</sup>Tm         $Z = 69$          $N = 89$         adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE        =    1279.990 ( 0.025) MeV  
Qbeta+ =      6.600 ( 0.036) MeV

	Energy	T	J+		J-		J-other		T1/2
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S-alpha=	-3.511	( 0.027)							
158TM	1				0.000	2-			1    3.98 M    6
158TM	2							0.074    (1)+	2    1.74 NS    4
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S-p	=	2.578	( 0.037)						
S-n	=	8.065	( 0.038)						
S-2p	=	7.743	( 0.046)						
S-2n	=	18.011	( 0.029)						
S-alpha=	-3.511	( 0.027)							
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S+p	=	-4.419	( 0.031)						
S+n	=	-9.938	( 0.038)						
S+2p	=	-6.145	( 0.062)						
S+2n	=	-17.740	( 0.041)						
S+alpha	=	3.447	( 0.079)						
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gap p	=	-1.841	( 0.048)						
gap n	=	-1.873	( 0.053)						
gap 2p	=	1.598	( 0.077)						
gap 2n	=	0.271	( 0.050)						
gap alpha	=	-0.065	( 0.083)						