

^{180}Yb $Z = 70$ $N = 110$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2
180YB	1	0.000	0+			1 2.4 M 5