

^{184}Yb $Z = 70$ $N = 114$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1462.984 (-0.552) MeV
 Qbeta- = 3.726 (0.582) MeV

	Energy T	J+	J-	J-other	T1/2
184YB	1 0.000	0+			1 160 NS GT

S-p = 0.000 (-0.000)-----
 S-n = 5.755 (-0.662)-----
 S-2p = 0.000 (-0.000)-----
 S-2n = 9.896 (-0.661)-----
 S-alpha= 1.888 (-0.772)-----

S+p = -8.691 (-0.665)
 S+n = -3.881 (-0.783)
 S+2p = -18.376 (-0.554)
 S+2n = 0.000 (-0.000)
 S+alpha = -0.688 (-0.668)

gap p = 0.000 (0.000)
 gap n = 1.874 (1.025)
 gap 2p = 0.000 (0.000)
 gap 2n = 0.000 (0.000)
 gap alpha = 1.200 (1.021)