

^{158}W $Z = 74$ $N = 84$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2
158W	1		0.000	0+		1 1.25 MS 21
158W	2				0.913 (2+)	2
158W	3				1.679 (4+)	3
158W	4				1.888 (8+)	4 0.143 MS 19
158W	5				2.048 (6+)	5
158W	6				2.846 (10+)	6
158W	7				3.690 (12+)	7
158W	8				4.165 (14+)	8
158W	9				4.368 (16+)	9