

^{192}W $Z = 74$ $N = 118$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2
192W	1		0.000	0+		1
192W	2				0.219 [2+]	2