

¹⁹²W $Z = 74$ $N = 118$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1521.408 (-0.192) MeV
Qbeta- = 1.980 (0.205) MeV

	Energy	T	J+		J-		J-other		T1/2
<hr/>									
192W	1		0.000	0+					1
192W	2						0.219 [2+]		2
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S-p	=	10.407	(-0.428)	-----					
S-n	=	6.504	(-0.197)	-----					
S-2p	=	19.458	(-0.426)	-----					
S-2n	=	11.382	(-0.195)	-----					
S-alpha	=	1.144	(-0.422)	-----					
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S+p	=	-7.912	(-0.196)						
S+n	=	-4.643	(-0.272)						
S+2p	=	-17.405	(-0.192)						
S+2n	=	-10.998	(-0.433)						
S+alpha	=	-1.093	(-0.196)						
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gap p	=	2.495	(0.470)						
gap n	=	1.861	(0.336)						
gap 2p	=	2.053	(0.467)						
gap 2n	=	0.384	(0.475)						
gap alpha	=	0.051	(0.466)						