

^{196}W $Z = 74$ $N = 122$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1542.912 (-0.392) MeV

Qbeta- = 3.526 (0.554) MeV

	Energy T	J+	J-	J-other	T1/2
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196W	1 0.000	0+			1 160 NS GT

S-p = 0.000 (-0.000)-----

S-n = 6.117 (-0.553)-----

S-2p = 0.000 (-0.000)-----

S-2n = 10.506 (-0.552)-----

S-alpha= 0.000 (-0.000)-----

S+p = -8.857 (-0.556)

S+n = -4.129 (-0.556)

S+2p = -19.308 (-0.439)

S+2n = 0.000 (-0.000)

S+alpha = -2.192 (-0.440)

gap p = 0.000 (0.000)

gap n = 1.988 (0.784)

gap 2p = 0.000 (0.000)

gap 2n = 0.000 (0.000)

gap alpha = 0.000 (0.000)