^{162}Re $Z = 75$ $N = 87$ adopted link   ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE   =   1271.376 (-0.162) MeV
Qbeta+ =   11.501 (0.163) MeV

	Energy T	J+	J-	J-other		T1/2	

```
-------------------------------------------------------------------------------------
S-alpha= -6.226 (-0.226)-------------------------------------------------------------
S-p   = -0.685 (-0.228)-------------------------------------------------------------
162RE   1 |                |                | 0.000      (2-)              1    107 MS   13
162RE   2 |                |                | 0.173      (9+)              2     77 MS   9


S-p   = -0.685 (-0.228)-------------------------------------------------------------
S-n   =  9.727 (-0.221)-------------------------------------------------------------
S-2p  =  1.253 (-0.171)-------------------------------------------------------------
S-2n  = 21.776 (-0.359)-------------------------------------------------------------
S-alpha= -6.226 (-0.226)-------------------------------------------------------------
```

S+p   = -1.165 (-0.364)
S+n   = -11.575 (-0.163)
S+2p   =   0.376 (-0.366)
S+2n   = -21.117 (-0.171)
S+alpha =   6.698 (-0.232)

gap p   = -1.850 (0.430)
gap n   = -1.848 (0.274)
gap 2p   =   1.629 (0.404)
gap 2n   =   0.659 (0.397)
gap alpha =   0.472 (0.324)