

^{195}Os $Z = 76$ $N = 119$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1543.960 (0.056) MeV

Qbeta- = 2.181 (0.056) MeV

	Energy T	J+	J-	J-other	T1/2
1950S	1			0.000 (3/2-)	1 6.5 M 11
1950S	2			0.439	2
1950S	3			0.454	3 9 M GT
S-alpha=	0.760 (0.070)	-----			
1950S	4			0.932	4
1950S	5			1.465	5 26 NS 4
1950S	6			0.000	6

S-p = 9.614 (0.202)-----

S-n = 5.148 (0.056)-----

S-2p = 17.909 (0.201)-----

S-2n = 12.260 (0.056)-----

S-alpha= 0.760 (0.070)-----

S+p = -7.213 (0.068)

S+n = -6.837 (0.069)

S+2p = -15.486 (0.056)

S+2n = -11.749 (0.205)

S+alpha = -0.302 (0.056)

gap p = 2.401 (0.213)

gap n = -1.689 (0.089)

gap 2p = 2.423 (0.209)

gap 2n = 0.511 (0.212)

gap alpha = 0.458 (0.089)