

$^{200}\text{Os}$        $Z = 76$        $N = 124$       adopted link      ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1573.400 (-0.200) MeV

Qbeta- = 2.982 ( 0.283) MeV

	Energy T	J+	J-	J-other	T1/2
2000S	1   0.000	0+			1 6 S +4-3

S-p = 11.250 (-0.445)-----

S-n = 6.474 (-0.282)-----

S-2p = 0.000 (-0.000)-----

S-2n = 11.180 (-0.281)-----

S-alpha= 2.192 (-0.440)-----

S+p = -8.470 (-0.284)

S+n = -4.249 (-0.284)

S+2p = -18.675 (-0.202)

S+2n = -10.078 (-0.451)

S+alpha = -1.540 (-0.286)

gap p = 2.780 ( 0.528)

gap n = 2.225 ( 0.400)

gap 2p = 0.000 ( 0.000)

gap 2n = 1.102 ( 0.531)

gap alpha = 0.652 ( 0.525)