

^{201}Os $Z = 76$ $N = 125$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1577.649 (-0.201) MeV

Qbeta- = 5.003 (0.284) MeV

	Energy T	J+	J-	J-other	T1/2
210S	1			0.000	1 160 NS GT

S-p	=	0.000	(-0.000)	-----	
S-n	=	4.249	(-0.284)	-----	
S-2p	=	0.000	(-0.000)	-----	
S-2n	=	10.723	(-0.283)	-----	
S-alpha	=	2.312	(-0.442)	-----	

S+p	=	-9.061	(-0.285)
S+n	=	-5.829	(-0.451)
S+2p	=	-19.352	(-0.286)
S+2n	=	-8.593	(-0.453)
S+alpha	=	-0.435	(-0.287)

gap p	=	0.000	(0.000)
gap n	=	-1.580	(0.533)
gap 2p	=	0.000	(0.000)
gap 2n	=	2.130	(0.534)
gap alpha	=	1.877	(0.527)