

¹⁹⁹Ir $Z = 77$ $N = 122$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1570.350 (0.041) MeV
Qbeta- = 2.990 (0.041) MeV

	Energy	T	J+	J-	J-other	T1/2	
199IR	1				0.000	1	6 S
S-p	=	8.130 (0.202)	-----				+5-4
S-n	=	6.744 (0.202)	-----				
S-2p	=	18.581 (0.396)	-----				
S-2n	=	12.277 (0.046)	-----				
S+alpha	=	1.359 (0.392)	-----				
S+p	=	-9.490 (0.046)					
S+n	=	-5.250 (0.204)					
S+2p	=	-16.580 (0.041)					
S+2n	=	-11.520 (0.205)					
S+alpha	=	-1.170 (0.041)					
gap p	=	-1.359 (0.207)					
gap n	=	1.494 (0.287)					
gap 2p	=	2.001 (0.398)					
gap 2n	=	0.757 (0.210)					
gap alpha	=	0.190 (0.394)					