

$^{188}\text{Po}$        $Z = 84$        $N = 104$       [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 1452.235 ( 0.020) MeV

Qbeta+ = 6.650 ( 0.023) MeV

	Energy T	J+	J-	J-other	T1/2
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S-alpha=	-8.082 ( 0.024)				
188PO	1   0.000	0+			1 0.27 MS 3

S-p = 1.450 ( 0.022)-----

S-n = 11.444 ( 0.038)-----

S-2p = 0.440 ( 0.023)-----

S-2n = 20.788 ( 0.027)-----

S-alpha= -8.082 ( 0.024)-----

S+p = 0.000 ( 0.000)

S+n = -8.949 ( 0.030)

S+2p = 0.000 ( 0.000)

S+2n = -20.162 ( 0.024)

S+alpha = 0.000 ( 0.000)

gap p = 0.000 ( 0.000)

gap n = 2.495 ( 0.048)

gap 2p = 0.000 ( 0.000)

gap 2n = 0.626 ( 0.036)

gap alpha = 0.000 ( 0.000)