

$^{222}\text{Po}$        $Z = 84$        $N = 138$       adopted link    ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE      =    1703.629 ( 0.040) MeV  
Qbeta- =        1.533 ( 0.043) MeV

	Energy	T	J+	J-	J-other	T1/2
<hr/>						
S-alpha=	-4.356 ( 0.222)					
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222PO	1		0.000	0+		
						1    550    S    430
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S-p	=	9.001 ( 0.225)				
S-n	=	5.359 ( 0.045)				
S-2p	=	16.229 ( 0.442)				
S-2n	=	8.920 ( 0.044)				
S-alpha	=	-4.356 ( 0.222)				
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S+p	=	-6.347 ( 0.042)				
S+n	=	-3.436 ( 0.227)				
S+2p	=	-14.619 ( 0.041)				
S+2n	=	-8.627 ( 0.228)				
S+alpha	=	3.836 ( 0.041)				
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gap p	=	2.654 ( 0.229)				
gap n	=	1.923 ( 0.231)				
gap 2p	=	1.610 ( 0.444)				
gap 2n	=	0.293 ( 0.232)				
gap alpha	=	-0.520 ( 0.225)				