

^{223}Po $Z = 84$ $N = 139$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1707.065 (-0.223) MeV

Qbeta- = 3.694 (0.223) MeV

	Energy T	J+	J-	J-other	T1/2

S-alpha=	-4.027	(-0.492)			
223PO	1			0.000	1 300 NS GT

S-p	=	9.209	(-0.315)		
S-n	=	3.436	(-0.227)		
S-2p	=	0.000	(-0.000)		
S-2n	=	8.795	(-0.224)		
S-alpha=	-4.027	(-0.492)			

S+p	=	-6.700	(-0.224)		
S+n	=	-5.191	(-0.316)		
S+2p	=	-15.166	(-0.223)		
S+2n	=	-8.785	(-0.317)		
S+alpha	=	3.339	(-0.223)		

gap p	=	2.509	(0.386)		
gap n	=	-1.755	(0.389)		
gap 2p	=	0.000	(0.000)		
gap 2n	=	0.010	(0.388)		
gap alpha	=	-0.688	(0.540)		