

^{204}Ra $Z = 88$ $N = 116$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1571.641 (0.009) MeV
Qbeta+ = 5.454 (0.026) MeV

Energy	T	J+	J-	J-other	T1/2
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S-alpha= -7.637 (0.011)-----
204RA 1 | 0.000 0+ | | | 1 57 MS +11-5

S-p = 2.104 (0.011)-----
S-n = 10.612 (0.013)-----
S-2p = 2.242 (0.020)-----
S-2n = 19.156 (0.017)-----
S-alpha= -7.637 (0.011)-----

S+p = 0.757 (0.060)
S+n = -8.329 (0.024)
S+2p = 0.000 (0.000)
S+2n = -18.638 (0.020)
S+alpha = 8.202 (0.033)

gap p = 2.861 (0.061)
gap n = 2.283 (0.028)
gap 2p = 0.000 (0.000)
gap 2n = 0.518 (0.027)
gap alpha = 0.565 (0.035)