

^{243}Es $Z = 99$ $N = 144$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1819.098 (-0.243) MeV
Qbeta+ = 3.835 (0.344) MeV

Energy	T	J+	J-	J-other	T1/2
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S-p = 1.896 (-0.243)
S-n = 8.212 (-0.343)
S-2p = 5.814 (-0.342)
S-2n = 15.213 (-0.342)
S-alpha= -8.151 (-0.341)

S+p = -3.094 (-0.344)
S+n = -6.754 (-0.344)
S+2p = -3.947 (-0.345)
S+2n = -14.727 (-0.345)
S+alpha = 8.726 (-0.346)

gap p = -1.198 (0.422)
gap n = 1.458 (0.486)
gap 2p = 1.867 (0.486)
gap 2n = 0.486 (0.486)
gap alpha = 0.575 (0.486)