

^{256}Md $Z = 101$ $N = 155$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1899.776 (0.000) MeV
Qbeta+ = 1.979 (0.003) MeV

	Energy	T	J+	J-	J-other		T1/2
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S-alpha=	-7.745 (0.050)-						
256MD	1				0.000	(1-)	1 77.7 M 18
256MD	2				0.240		2
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S-p	= 3.625 (0.004)-						
S-n	= 5.449 (0.006)-						
S-2p	= 9.108 (0.003)-						
S-2n	= 12.048 (0.000)-						
S-alpha=	-7.745 (0.050)-						
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S+p	= -4.506 (0.006)						
S+n	= -6.543 (0.002)						
S+2p	= -7.360 (0.000)						
S+2n	= -11.917 (0.003)						
S+alpha	= 8.492 (0.000)						
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gap p	= -0.881 (0.007)						
gap n	= -1.094 (0.006)						
gap 2p	= 1.748 (0.003)						
gap 2n	= 0.131 (0.003)						
gap alpha	= 0.747 (0.050)						