

^{260}No $Z = 102$ $N = 158$ adopted link ENSDF link

Based on ENSDF from Oct 2022, and mass evaluation from 2020

BE = 1923.220 (-0.260) MeV

	Energy T	J+	J-	J-other	T1/2

S-alpha=	-7.614 (-0.260)				
260No	1 0.000	0+			1 106 MS 8

S-p	= 5.325 (-0.260)				
S-n	= 6.627 (-0.260)				
S-2p	= 9.376 (-0.366)				
S-2n	= 12.214 (-0.260)				
S-alpha=	-7.614 (-0.260)				

S+p	= -3.221 (-0.368)				
S+n	= -5.048 (-0.368)				
S+2p	= -7.720 (-0.369)				
S+2n	= -11.650 (-0.369)				
S+alpha	= 8.212 (-0.371)				

gap p	= 2.104 (0.451)				
gap n	= 1.579 (0.451)				
gap 2p	= 1.656 (0.520)				
gap 2n	= 0.564 (0.451)				
gap alpha	= 0.598 (0.453)				