

^{262}Rf $Z = 104$ $N = 158$ [link to full NNDC output](#)

Based on ENSDF from Dec 2018, and mass evaluation from 2016

BE = 0.000 (0.000) MeV

	Energy	T	J+	J-	J-other	T1/2

262RF	1		0.000	0+		1 2.3 S 4
262RF	2					0.254 2